

# Machin Messenger



Serving Minnitaki, Eagle River, Vermilion Bay

# **Municipal Notes**

#### **COUNCIL NEWS**

Thank you to the Dryden Native Friendship Centre and our Recreation Facilitator Carman Brignall for hosting two Halloween events at the end of October. We hope all of you that attended the Halloween Dance and the Halloween Haunted House enjoyed your time at the events. It's been great seeing the events going on in the community and the utilization of our Eagle River Rec Centre.

Minister Greg Rickford travelled to the Municipality on October 11<sup>th</sup> to announce \$25,900 in funding provided by the Ontario Trillium Foundation (OTF) to cover the costs of upgrading our water system at the Woodland Arena. Last year the hot water boiler system at the Woodland Arena broke down; with a limited budget we were unable to replace the system at the time. The OTF funding couldn't have come at a better time. As we prepare for the Kenora Devils Gap Islanders games this year we are happy to be able to use a new hot water system to provide the team with high quality ice.

We'd also like to thank Minister Greg Rickford for visiting the Machin Health Clinic this past month and talking with Dr. Gagnon and Points North Family Health Team staff. It was a good experience for Minister Rickford to see how busy the Health Clinic is; we hope that by working with Points North Family Health Team staff and keeping an open line of communication with Minister Rickford's office that we'll continue to progress our new EMS Base/Health Clinic project.

On November 11<sup>th</sup> we take the time to stop and remember those who have sacrificed their lives so that we can be where we are today. It is a time to remember those that have given their lives and service for our well being. On November 11<sup>th</sup> we'll have a ceremony at the cenotaph in Vermilion Bay, we hope that you all can attend. Lest we forget.

The CP Holiday Train is back again this year, so make sure to mark it on your calendar! The Train will be arriving December 2<sup>nd</sup> at approximately 1:15pm. We are looking forward to another fun concert in the Bay! Reminder, if you're able to bring nonperishable donations for the cause it would go a long way.

#### **Economic Development:**

Timing could not have been more perfect in hearing back from the Ontario Trillium Foundation on our Hot Water Project at the

Woodland Arena! OTF continues to make a large impact on our community, some of the grants that have been fully funded by OTF include: 3 years of funding to hire a Recreation Facilitator, Playground/Fitness Equipment at the Pine Tree Park, and our new Hot Water Project at the Woodland Arena. At the end of October, we applied for another OTF grant, this time through the Resilient Communities Fund. We applied again for the costs to have a feasibility study completed by an engineer at the Eagle River Outdoor Rink. The feasibility study would include assessing the best option to supply water for the rink as well as the costs of installing a canopy/roof structure and asphalt/concrete surface. We hope to be successful with this application so we can use the feasibility study to apply for future funding to actually build a structure or improve infrastructure at the rink.

The Ministry of Environment, Conservation, and Parks (MECP) has gotten back to us with results from the dissolved oxygen samples that they took at the beginning of September. Our Ely Lake project has been on hold for over a year now because the Ministry would not comment until these samples were taken for our Lakeshore Capacity Assessment (required by MECP). MECP staff concluded that due to the size of Ely Lake and its depth, the certain calculation they required would not be relevant to determining the lakes capacity. We've shared this information with the MNRF as well as asked what other information they require for the economic impact of the Ely Lake project so we can finally start to progress this project after over a year and half halt. We hope to have more information soon. It's been extremely frustrating dealing with the red tape that is involved on our many projects but unfortunately our hands are tied.

The surveying has finished for the property north of our Vermilion Bay Airport that fronts on the Old Highway 647, the draft plan of survey should be sent to the Municipality any time now. Once we have this, our planner and municipal staff will work together and complete a draft plan of subdivision. If Council approves of the draft plan of subdivision, we can begin advertising the sale of each lot; however, lots are not able to be officially sold until the plan of subdivision has been finalized and the conditions of the draft plan have been met (as per the Planning Act).

Max Nagy, EDO

#### Recreation:

Welcome November.

Start filling up your fall calendar, a lot is happening in our community! Starting this month, the very popular and in demand sport Pickleball will be starting November 7<sup>th</sup> at 6:30-7:30pm at the Lillian Berg School and will take place every other Tuesday, open to adults and seniors.

We also have gentle yoga starting with Lindsey at the Happy Go Lucky Senior Centre at 7-8pm starting November 14<sup>th</sup> running every second week. Free to everyone who would like to join in! I'd like to welcome back armchair travel to the Happy Go Lucky Senior Centre November 16<sup>th</sup> 11:30am-2:00pm. We will be travelling to Croatia. Mexico was a hit in October, thank you to all who attended! I very much enjoy my program and so appreciate those of you who do attend. Again, a big thank you to Rose Rhyner for always being my sidekick and volunteering many of hours. Thank you as well to Bob & Carmene Hampe, Connie Calvert, and Pat Donohue for helping with the heavy tables at the end.

Keep your eyes open for posters and events happening, always check our website and Facebook to stay up to date.

Enjoy your November and come out and have some fun with us!

Thank you.

Carman Brignall, Recreation Facilitator.

#### **Public Works:**

We've officially closed our parks for the season. We made improvements to some trails in the Municipality and have noted other areas that will need work for next season. Snowplough equipment is in the works of getting set-up and ready for our winter season. We want to be prepared for the winter and any early snow that we may get.

A lot of people have reached out to the Municipality with questions regarding the Eagle River outdoor rink. We are talking with Mayor and Council about options for this year and plan to have ice at the outdoor rink this year.

#### **Revitalization Committee:**

The Revitalization Committee would like to thank Ursula Rhyner for her generous donation to the committee! Your donation is greatly appreciated and will be used to fund our various ongoing projects.

#### Shoutout:

Thank you to Gordon Griffiths for donating a tandem truck to the Municipality! The truck will be used by Public Works for parts, more specifically the snowblade will be taken off and installed on our current plough truck since our old snow blade is no longer usable.

Thank you to Patricia Area Community Endeavours (PACE) for donating \$400 to our Halloween Events at the end of October. Your generous contribution helped with securing decorations and candy for our dance and haunted house!

#### MESSENGER DEADLINE

Submissions for the  $\ensuremath{\texttt{Machin}}\xspace$  near must now be in by

the **LAST WEDNESDAY** of the month, by noon. *The deadline for the December Messenger will be November* **29th.** Send your submissions to <u>pilmar@sympatico.ca</u>, subject line "Machin Messenger". Ads will need to be pre-paid prior to insertion in the Messenger.

Please note that there are price changes for ads. Call

#### MESSENGER ADS

If you wish to advertise in the Machin Messenger, please

Property Owners in Vermilion Bay with Aqua Flow units are reminded to turn them on to prevent your water from freezing. Please ensure that they remain on until the middle of April. Should you have any questions please call Shawna Alberts at 227-2064.



November 5<sup>th</sup>, 2023, remember to set your clocks back one hour & check your smoke alarm batteries.





# WINTER HOURS WASTE DISPOSAL SITES Effective OCTOBER 1<sup>st</sup>, 2023



VERMILION BAY	1 p.m 5 p.m.	CLOSED.	8 a.m NOON
EAGLE RIVER	8 a.mNOON.	CLOSED	1 p.m 5 p.m.





# Speed Limits

Under the Rules for Driving an Off-Road Vehicle it states that, all Off-Road Vehicle must travel at speeds less than posted speed limit for cars and truck. For example:

Posted speed limit for cars and trucks	Maximum speed limit for ORVs
Roads where the speed limit is over 50 km/h	50 km/h
Roads where the speed limit is 50 km/h or less	20 km/h





#### Beat the Silent Killer: Prevent Carbon Monoxide Poisoning in Your Home

#### What is Carbon Monoxide (CO):

CO is known as the silent killer because it is an invisible, tasteless and odourless gas that can be deadly. CO is produced when fuels such as propane, gasoline, natural gas, heating oil or wood do not burn completely in fuelburning appliances and devices.

#### Know the symptoms of CO poisoning:

Symptoms of CO poisoning are headaches, nausea, dizziness, confusion, drowsiness, loss of consciousness and death.

If your CO alarm sounds, and you or other occupants suffer from symptoms of CO poisoning, get everyone out of the home immediately. Then call 9-1-1 from outside.

If your CO alarm sounds, but no one is suffering from symptoms of CO poisoning, **c**heck to see if the battery needs replacing, or if the alarm has reached its "end-of-life" before calling 9-1-1.

#### Prevent CO in your home:

Fuel-burning appliances, chimneys and vents should be cleaned and inspected annually.

Periodically check that all outside appliance vents are not blocked by debris, ice or snow.

Gas and charcoal barbeques and portable fuel-burning generators should only be used outside, away from all doors,

windows, vents, and other building openings and never used inside garages, even if the garage doors are open.

Ensure all portable fuel-burning heaters are vented properly, according to manufacturer's instructions.

Never use the stove or oven to heat your home.

Open the flu before using a fireplace for adequate ventilation.

Never run a vehicle or other fueled engine or motor inside a garage, even if the garage doors are open. Always remove a vehicle from the garage immediately after starting it.

#### Ensure CO alarms (and smoke alarms) are installed and working:

Homeowners and landlords are required to have sufficient alarms installed. Tenants are required to notify the landlord if the alarms are inoperable.

Working CO alarms must be installed adjacent to each sleeping area in your home if you have a fuel-burning appliance, a fireplace or an attached garage. If there is a service room, a working CO alarm must be installed in the service room as well. For added protection, install a CO alarm on every story.

It is against the law to remove the batteries or tamper with CO alarms and/or smoke alarms.

It is recommended that carbon monoxide alarms along with smoke alarms be tested monthly or in accordance with the manufacturer's instructions and that the batteries in CO alarms and smoke alarms are replaced once a year or whenever the low-battery warning sounds.

For more CO safety tips and to find a registered contractor visit COsafety.ca.

Contact Machin Fire for a smoke/CO alarm, safety information or for information on volunteering:

Facebook/Instagram: @machinfire | email: machinfire@bellnet.ca | mail: PO Box 249, Vermilion Bay, ON P0V2V0

During September Machin Fire responded to 4 vehicle collisions, assisted paramedics on 4 medical calls, and held 1 practice, members took online courses, volunteered at the Walk for Wenjack and the concert, and did various jobs at the hall.



Regarding renovating your home or perhaps new build, as a Municipality of Machin resident, it is your responsibility to acquire a building/demolition permit **before** you start your building/demolition project. It is also your responsibility to be aware of the Machin Zoning Bylaws.

The following is a list of items to help you determine whether a permit would be required for a renovation project in the Municipality of Machin:

• Constructing accessory buildings with an area of more than 15 square metres (160 square feet), or an addition to an existing building

- Constructing attached or detached garages
- Structural alterations
- Excavating, repairing, or underpinning a foundation
- Heating ventilation, air conditioning, plumbing, or electrical work
- Constructing one or more new separate dwelling units within a building
- Finishing previously unfinished spaces within a building
- Adding new entrances or windows, changing the size of entrances or windows, or closing entrances or windows
- Constructing chimneys or fireplaces

• Installing swimming pool enclosures, constructing detached decks more than 60.96 centimetres (24 inches) above ground, or building any deck attached to a building.

Demolishing or relocating all or part of a building. You are not required to obtain a permit for these renovations:

- Replacing stucco, siding, or shingles with the same material
- Replacing doors or windows without altering the opening,
- Constructing fences (except pool enclosure fences)
- Patching, painting, and decorating

#### Installing cabinets or shelves

Prefabricated accessory buildings are becoming more and more popular, and they do require a permit when over 15 square meters in size. These types of buildings have usage limitations in the Ontario Building Code and in the Machin Zoning Bylaw. If you are unsure whether your situation requires a permit, please feel free to contact Shawna Alberts, CBO at 807- 216-8285 or <a href="mailto:cbo@visitmachin.com">cbo@visitmachin.com</a>.



Effective Friday October 20th, Pharmasave Vermilion Bay will be closed Friday's . We apologize for any inconveniences.

Hours:

Monday – Thursday 10am – 5pm

Friday — Sunday Closed



PLEASE JOIN US AT THE VERMILION BAY CENOTAPH ON NOVEMBER 11<sup>TH</sup> AT 11 A.M. TO PAUSE IN REMEMBERANCE FOR THOSE WHO FOUGHT FOR OUR



SHED POUNDS, GAIN FRIENDS First visit is FREE!

Join us for affordable, effective weight-loss support!

Thursdays at 12:30 p.m. Evangelical Church Marcia Pilipishen 227-2061

Real People. Real Weight-Loss.® www.tops.org

The Highway Traffic Act R.S.O. 1990, C. H.8, S. 181 states: "No person shall deposit snow or ice on a roadway without permission in writing to do so from the Ministry or road authority responsible for maintenance of the road". The penalty on conviction is a fine of \$105.00.

# ree Gentle yoga

**Everyone Welcome** 

Starting

Tuesday November 14 & 28th

@

The Happy Go Lucky Senior Centre,

7-8 pm

For information please call Carman

807-227-2633 ext 231







FREE

@

Lillian Berg School Every second week on a Tuesday starting November 7th, 6:30pm-7:30pm, Adults & Seniors







# Diabetes Screening Learn Tips to manage Diabetes

VERMILION BAY LION'S HALL

Wednesday November 15 6:00-8:00 pm

> Diabetes Friendly Snacks For you to try



1-888-838-3632 Charlene ext. 2223 Karen ext. 2257



# 2023 Municipality of Machin Santa Claus Parade

When: December 2<sup>nd</sup>, 2023

Start Time: 5:00pm from the Vermilion Bay Fire Hall.

Theme: Gingerbread in Lights

To Enter Call: Carman or Sandra at 807-227-2633 or email your entry to accounting @visitmachin.com.

No Entry Fee Required.

Free Skate with Santa after the Parade at the Woodland Arena along with free hot dogs and hot chocolate compliments of the Municipality of Machin.





# Christmas in the Village December 2, 2023

Craft Market 11-4 : Hosted by Eagle Lake Figure Skating Club

C.P. Holiday Train : Arrives @ 1pm show will start at 1:15pm.

Santa Clause Parade : Starting @ 5 pm from the Fire Hall in Vermilion Bay.

(See Poster for details)

Skate with Santa : Following the parade at the Woodland Arena Hot Dogs & Hot Chocolate Compliments of the Municipality of Machin.







# MACHIN AREA HELPING HANDS HAMPERS

# Do you or someone you know need a little extra help this Christmas?

All information is strictly confidential. We will also be working with other Christmas Cheer Boards in our area to ensure only one hamper per household.

Applications are available at Lillian Berg School, Post Office, Co-op, Municipal Office.

**APPLICATIONS ARE ATTACHED TO THIS NOTICE,** please mail to: Machin Area Helping Hands, Box 11, Vermilion Bay, ON POV 2V0

OR you can also phone 216-4853 or email jordash32@yahoo.com

<u>**OR**</u> drop off application at the Machin Office mail slot to the left of the main door at 75 Spruce Ave. Vermilion Bay

## <u>\*\*YOU MUST APPLY TO RECEIVE A HAMPER.\*\*</u> <u>PLEASE SUBMIT YOUR COMPLETED APPLICATION ON OR BE-</u> <u>FORE DECEMBER 1<sup>ST</sup>.</u>



### Machin Area Helping Hands Christmas Hamper Application form 2023

Please Note: We work with other Christmas Cheer/Hamper Organizations per per household. ALL INFORMATION IS STRICTLY CONFIDENTAL. Applic after this date we cannot guarantee that we will have enough stuff to pr	ations are due December 1, 2023,
Applicant's Name	
Name of Caller (if not applicant & nominating someone)	
Names of other adults in household	
Street Address & Town	
Phone Number 2 <sup>nd</sup> contact number (if we can'	t reach you
Any food allergies/diabetes, etc. in household	
Children under 18 years old will receive a small gift maximum value \$20.	
Please indicate name, age, clothing size and suggested gift idea.	
Girls'	
Boys'	

Would you prefer a Ham or Turkey\_\_\_\_\_

After November 12, if you have any questions call 807-216-4853 if there is no immediate answer please leave a clear message with a name & contact number, we will return your call or email us at

#### jordash32@yahoo.com

Applications can be mailed to: Machin Area Helping Hands, P.O. Box 11, Vermilion Bay, ON POV 2V0 or dropped off at the outdoor mail box to the left of main door at the Municipality of Machin Office at 75 Spruce Avenue in Vermilion Bay.

We will contact you on December 15 to arrange hamper pick up. We have a very limited number of people available to drop off hampers if you cannot arrange transportation for pick up.





Bring Back The Ball

# "Fireman's Ball"

It has been a long time and our volunteers need some recognition. I would like to host a ball January 27th 2024. I am looking for Ideas, Volunteers, businesses and personal donations towards this event. For more information or ideas please call Carman @ 807-227-2633 ext 231

Anything is welcome

Thank You



Need a Ride to Dryden?

Try Out Our Seniors Bus.

This is a Door to Door Service – you do not have to worry about parking or walking. We drop you off right at the door of your medical appointment or essential shopping and return to pick you up.

The cost is \$10.00 per person to ride to and from Dryden on Tuesday or Thursday. Should you have mobility issues both getting on and off the bus or shopping and carrying your items, thanks to the Happy Go Lucky Seniors Club they have provided funding for an Assistant to ride on the bus to help with these issues. Please call the Municipal Office at 227-2633 to book your ride or if you have any questions.

You do not have to be a senior to use this service. Any adult can ride, however seniors do come first for this service.

# Vermilion Bay Minor Hockey



Open to all kids in the area!!

If you are new to hockey and want to try it out and learn, this league is for you!

Hockey is Monday and Thursday evenings at the Woodland arena.

Tentatively starting in November (but hopefully sooner!)

Registration fees are \$250 for the season, payable in 3 easy payments.

Registration is available online:

https://page.spordle.com/vermilion-bay-minor-hockey

There are also subsidies available through Hockey Canada and through other local organizations, like the Metis association and Jump Start.

Please reach out if you have any questions!

We are also seeking coaches! If you are interested

please reach out to us.

Kristal -807-444-6943

Tasha -807-323-4494

Or <a href="mailto:vbayminorhockey@gmail.com">vbayminorhockey@gmail.com</a>

# **Lillian Berg School**

It's almost unimaginable, November is almost here, and winter is on our doorstep!

There was **an Intermediate Baseball Tournament** in Dryden, early in October, that our students attended. It is always great to see their pride, wearing LBS jerseys!

Many of our students participated in the annual <u>"Turkey Trot"</u>, a running race event held in Dryden – the weather was not so kind, but students did have a great day, and we had 2 students finish in the top 10!!

Grade 8 students had the chance to visit DHS to take part in the <u>"Trades Fair"</u>, which introduced them to many regional apprenticeship programs and educational opportunities.

We recognized our <u>Teachers, EA's, ECE and Childcare</u> <u>Workers, as well as Librarians and Bus Drivers</u> on their special "Recognition Day" with cards and special announcements – Thank-You to all our staff who are a HUGE part of all of our students lives here at LBS – your hard work does not go unnoticed.

Thank you to our **Machin Fire Department** who came to LBS all geared up, driving their fire truck. Machin Fire was at LBS to spread the message about "Fire Safety" at home and in school during Fire Prevention Week.

The <u>"Lion's Kids Sight Program"</u> was here to perform vision screenings for all students at LBS. Thank-You to our Vermilion Bay Lions Club for your time, and for offering this proactive service for our student's health and well being!

Our hallway display boards are filled with statements of kind and thankful words, fall crafts and of course Halloween themes including the very popular "Yoga with Jimmy". We will have a special "Spooktacular" Hot Dog Lunch and "Sock Hop" to add fun on October 31<sup>st</sup>.

Thank You again to Mr & Mrs Therrien, and Mr & Mrs Alberts for the many pumpkins we received. Students were able to taste the flesh, count seeds and learn about growing a pumpkin. We preserved seeds, to plant next spring, as well as cooked, baked, and carved!!

The annual <u>"Book Fair"</u> at the school will be held at the end of November - This is a great opportunity to purchase books as Christmas gifts. We do not have a specific date set at this time.

### Kin Korner

The Vermilion Bay Kinsmen and Kinette Clubs are devastated to announce the loss of Life Member Debbie Landry who passed away suddenly on October 10th. She was an integral part of the Kinette Club, holding most positions over the years. She also served 10 years on the national awards committee, and as many or more officially/ unofficially at the District level. She also served as Communication Director.

Last year she was part of an unbelievable District Convention, where she was a part of applying for two of the highest awards in Kin for her sister Lori and brother in-law Scott. While she was keeping that secret Lori had applied for Debbie's Life Membership just before she passed away. Debbie received her award along side Scott for his and Lori's HRF's.

Her last action was to get the paperwork to merge the two clubs into one, to try to save them. This is the first post as the new joint club. If you would like to help out your community we would love to have you come out and learn more about us. Please contact Scott or any other members.



On behalf of the Waldhof Cemetery Board we would like to thank Skene Transfer from Oxdrift for the fantastic discount for materials for the fence extension. The recent donations to our local cemetery have allowed improvements while maintaining the country charm.

Thank You

Rose Rhyner, 807-220-3148

### **Grief:** Facing Illness, Death, and Other Losses

Grief and loss can be a lonely and isolating experience. As a caregiver, you may encounter grief at different points on your caregiving journey. In recognition of National Grief and Bereavement Day, we welcome back Dr. Patrick McGrath to talk about:

Different kinds of grief and their accompanying emotions
What you can do to understand the grieving process

Tips on how to cope with grief and loss

#### OUR SPEAKERS:

Dr. Patrick McGrath is a clinical psychologist and Emeritus Professor of Psychiatry at Dalhousie University and a scientist at the IWK Health Centre where his research is based. He is an Adjunct Professor of Psychiatry at the University of Ottawa and founder and president of 90Second Health Letters. He frequently treats caregivers with anxiety in his private practice.

Breanne Lyng is a Registered Psychotherapist in Ontario and Nova Scotia with a master's degree in counselling psychology and is certified in Level 2 Cognitive Behavioural Therapy (CBT). Since January 2021, Breanne has been a peer mentor volunteer with OCO and assists with the Young Caregiver Group. She was a primary caregiver for her parents who had both battled cancer until their passings.

Register for a chance to win an OCO water bottle! Learn more at <u>Eventbrite</u>.

Website <u>www.CRFH.ca</u>

180 Dundas Street West, Suite 1425, Toronto, ON M5G 1Z8 Canada T 416-362-2273 E info@ontariocaregiver.ca 24/7 Helpline 1-833-416-2273

ontariocaregiver.ca



Date: Wednesday, November 22nd, 2023

Time: 12 p.m. to 1 p.m. ET Place:

Zoom (link provided via email to those who register)

#### Cost: Free

 Please note that this presentation is available in English only. Pour de l'information sur nos programmes et services en français, visitez www.ontarlocaregiver.ca./fr ou communiquez avec nous par courriel a info@ontarlocaregiver.ca. - For any difficulty with registration or any other questions, please contact us at info@ontarlocaregiver.ca or call 1-888-877-1626 X 1011

For more information, please contact info@ontariocaregiver.ca



Twitter: <u>@caregiverON</u> Facebook: <u>@caregiverON</u> Instagram: <u>@OntarioCaregiver</u> YouTube: <u>@OntarioCaregiverOrganization</u>





### **STOP on the Net Can Help!**

STOP on the Net is an online program from the Centre for Addiction and Mental Health (CAMH) designed to help adults quit smoking.

You can receive **free** nicotine patches and gum/lozenges mailed right to you!

Enough medication for 10 weeks of treatment

#### You may be eligible to participate if you:

- Live in Ontario
- Are 18 years of age or older
- Meet other specific eligibility criteria

To learn more about the program and enroll:

Please visit: www.stoponthenet.com



STOP on the Net is an initiative of the Smoking Treatment for Ontario Patients (STOP) Program and is funded by Ontario Ministry of Health. For more information about programs and services at CAMH, please visit www.camh.ca or call 416-535-8501 (or 1-800-46-56273)

OR



Canada Revenue Agence du revenu Agency du Canada

#### Tax Credits & Information for Caregivers Caring for Someone 65+

Are you a family caregiver supporting someone 65 and over? Do you want to learn more about tax credits and how you can apply? In this webinar, Canada Revenue Agency (CRA) returns to discuss tax credits for persons with disabilities, and caregivers of adults 65+. Join us to learn about:

Disability Tax Credit

- Overview of the credit
- Eligibility and how to apply

CRA will also share useful information on Medical expenses, Canada caregiver credit, Home Accessibility Tax Credit, Ontario Seniors' Home Safety Tax Credit, and other credits & benefits for adults 65+.

\*Please note: This webinar will <u>not be recorded</u> as information from CRA is updated frequently.

#### Our Speaker

Canada Revenue Agency (CRA) is the agency responsible for administering tax laws for the Government of Canada and for most provinces and territories.

ontariocaregiver.ca

Facebook: @caregiverON

Instagram: <u>@OntarioCaregiver</u> YouTube: <u>@OntarioCaregiverOrganization</u>

X: @caregiverON

Website: <u>www.canada.ca</u> X: <u>@CanRevAgency</u> Youtube: <u>@CanRevAgency</u>

180 Dundas Street West, Suite 1425, Toronto, ON M5G 128 T 416-362-2273 E info@ontariocaregiver.ca 24/7 Helpline 1-833-416-2273

Date: Thursday, November 9<sup>th</sup>, 2023 Time: 12 p.m. to 1 p.m. ET \*LIVE SESSION

Place: Zoom (link provided via email to those who register)

Cost: Free • Please note that this presentation is available in English only. • Pour de l'information sur nos programmes et services en francais, visitez <u>www.ontarlocaregliver.ca</u> ou communiquez avec nous par courriel à <u>infoeontarlocaregliver.ca</u> • For any difficulty with registration or any other questions, please contact us at <u>infoeontarlocaregliver.ca</u> call 1-888-8771620 X 1001

For more information, please contact info@ontariocaregiver.ca



# Runded by: Ontario ()



# **FLU SEASON**



Reminder to patients of Machin Medical Clinic/ Points North Family Health Team to let us know if you receive your flu shot elsewhere so we can update our records.



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Vermilion Bay. UN (807) 227-5437 vbayhub4kids@gmail.com Vermilion Bay EarlyON Child and Family Centre

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Lillian Berg School 1Main Street Vermilion Bay, ON

Fri Sat	₹	11 Remembrance Day	18	22	
Fri	n	10	11	24	
Thu	2 Busy Bag Fick Up 1:00-3:00	9 Busy Bag Pick Up 1:00-3:00	16 Busy Bag Pick Up 1:00-3:00	23 Busy Bag Pick Up 1:00-3:00	<b>30</b> Busy Bag Pick Up 1:00-3:00
Wed	1 Baby and Me 10:30-12:30 Drop In 10:30-6:30	8 Baby and Me 10:30-12:30 Drop In 10:30-6:30	<b>15</b> Baby and Me 10:30-12:30 Drop In 10:30-6:30	22 Baby and Me 10:30-12:30 Drop In 10:30-6:30	29 Baby and Me 10:30-12:30
Tue		7 Craft and Story Time 1:00-3:00	14 Craft and Story Time 1:00-3:00	21 Craft and Story Time 1:00-3:00	28 Craft and Story Time 1:00-3:00
Mon		<b>6</b> Drop In 12:00-3:00	13 Sensory Play 10:00-12:00 Drop In 9:30-3:00	20 Sensory Play 10:00-12:00 Drop In 9:300-3:00	27 CLOSED PD Day
Sun		S	12	61	26

### **Lions Lines**

The Vermilion Bay Lions Club has a Food Hamper Program for anybody in need. It is anonymous and we will do our best to help. Please contact Trish at 708-323-1034 or Veronica at 647-289-9230.



Vermilion Bay Lions Club Fundraiser

Raising money for the Dolly Parton Imagination Library

Orders Due: November 25, 2023

Contact Marie ay 807-227-2690 or Monique at 807-529-4302 for more information on Pie Orders. For more information on perogy orders contact Shelley at 807-221-8298. Pie and Perogy Orders- Vermilion Bay Lions Club

Name\_\_\_\_\_

Phone Number

To be picked up Saturday December 9, 2023, between 10 am and 2 pm.

Pies	Quantity	Cost	Total
Pumpkin		\$10	
Apple		\$10	
Blueberry		\$10	
Butter Tarts		\$10/6	
Meat Pies		\$25	
Perogies		\$8/doz	
Total			

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Sun	Mon	Tue	Wed	Τhυ	Fi	Sat
			1 coffee	2	3 coffee	4
			Dennis MacKenzie		Bobbi Dingman	
	6 COFFEE	7	8 COFFEE	6	10 coffee	11 REMEMBERANCE DAY Dave Coniter
	13 Catered Lunch/General Meeting	14	15 coffee	16	17 COFFEE	18 CRIB tournament
	20 coffee	21 Karen Pollock	22 coffee	23	24 COFFEE Klass Friesen Judy MacKenzie Linda Calbeck	25 tea & bake sale
	27 coffee	28	29 COFFEE	30		

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The Vermilion Bay Co-op would like to let the shoppers know the following monthly dates for 2023

#### \$TORE HOUR\$: 9 A.M.- 6 P. M. MONDAY—\$ATURDAY CLO\$ED \$UNDAY\$

Shareholder Days	Senior Days	Flyer Days
November 10th	November 15th	Oct. 27th—Nov. 2nd. Nov. 10—Nov. 16th Nov. 24th—Nov. 30
PLEASE RI YOUR REUSABLE	EMEMBER SHOPPING BAGS	

Just a reminder that you can view the Co-op Flyers online at <u>www.coopconnection.ca</u> Thank you for your patronage.



THIS SPACE COULD BE YOURS! CALL US FOR ADVERTISING RATES.

227-2633



The Reading Room will be open during Municipal Office business hours.

#### **UPCOMING MEETINGS**

**Machin Council Meeting**: Monday November 13th immediately following the Public Works meeting, and Monday November 27th, 7:00 p.m. in Council Chambers, Machin Municipal Office

**Public Works Meeting**: Monday November 13th at 6:00 p.m., in Council Chambers in Machin Municipal Office

#### Revitalization Committee: TBA

**Lions Club**—First and third Wednesdays of every month, 7:00 p.m., Lion's Hall.

Happy-Go-Lucky Seniors: Catered lunch, Sept. 11th Friends of Pine Tree Pathways: TBA

**TOPS**—Now meeting Thursdays at 12:30 p.m. at the Evangelical Church.

**AA** – 7:00 p.m. Tuesdays and Sundays at the Evangelical Mission Church, 55 Willow St., Vermilion Bay. Social distancing rules apply.

**AL-Anon Family Group:** Every Thursday 2:00 p.m., at St. Mark Lutheran Church. For more info call Darlene @938-7061. *Please note time change!* 

**Kinettes**—The first **WEDNESDAY** of each month, 7:00 p.m. in the Bayview meeting room.

Seniors Friendship Club of Eagle River—Second Wednesday of each Month.

#### Police Services Board—TBA

**Waldhof Wranglers**—Contact Emma Benham at 807-220– 0554, waldhofwrangles2011@gmail.com , or check out the Waldhof Wranglers Facebook page.

#### WINTER HOURS WASTE DISPOSAL SITES Effective OCTOBER 1<sup>st</sup>, 2023

SITES	TUESDAY	THURSDAY	SATURDAY
VERMILION BAY	1 P.M.—5 P.M.	CLOSED	8 A.M.—NOON
EAGLE RIVER	8 A.M NOON	CLOSED	1 P.M. 5 P.M.

Copies of the water systems monthly summary, annual reports and the financial plan are available for viewing at the Municipal Office if any of the general public would like to review them. Also available at the Municipal Office the public may access the Water Quality System Policy for the Vermilion Bay water treatment plant and distribution system which forms part of the Operational Plan. Should anyone have any questions or concerns please do not hesitate to contact Shawna Alberts at 227-2064.

#### Contact Information for Mayor & Council

Mayor:

Gord Griffiths 227-2074, 221-8717 (cell) **Deputy Mayor:** Dennis Peterson 220-1558 (cell) **Councillor:** Tony Blair 227-5410 (cell) **Councillor:** Ray Pilkey 755-1701, 220-1502 (cell) **Councillor:** Greg Swanson 220-3615 (cell)

Building Permit Applications and general inquiries are available at the Machin Office. Any questions on building, please call the Chief Building Office, Shawna Alberts at (807)-216-8285 or the Municipal Office at 227-2633.



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Our Lady of Fatima Roman Catholic Church Hwy 17 Vermilion Bay Mass on Fridays at 5:30 p.m.

Vermilion Bay United Church 97 Spruce Street Vermilion Bay Worship Services: Easter to the end of September

Eagle River (Ebenezer) Baptist Church Services at First Baptist Church 58 King Street, Dryden, Ontario Morning Worship Service at 10:30 a.m.

> St. Mark Lutheran Church Hwy 17 Vermilion Bay Services: Sundays 11:30 a.m.

Evangelical Mission Church 55 Willow Street, Vermilion Bay Services: Sundays 11:00 a.m. Sunday School—10:00 a.m.

Upper Falls Baptist Church Hwy 105 North Worship: Sundays 11:00 a.m. Sunday School/Bible Study: 10:00 a.m. (all ages)